COUNSELING, MASTER OF SCIENCE

The Master of Science (MS) in Counseling degree prepares individuals to be leaders and advocates in the fields of clinical mental health and school counseling. The program follows a nationally recognized, evidence-based curriculum aligned with national and state standards. The program is led by distinguished faculty and boasts a strong support network of school districts and mental health settings. The program’s content includes: professional orientation and ethical practice, social and cultural diversity, human growth and development, career development, helping relationships, group work, assessment, and research/program evaluation. Students learn through didactic experiences, small group projects, and applied learning at community- or school-based sites. The Master of Science in Counseling degree program, with concentrations in Clinical Mental Health Counseling and School Counseling, is accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA).

Students specialize in one of two concentrations:

- Clinical Mental Health Counseling
- School Counseling

Students have a maximum of five years to complete the program, but are strongly encouraged to follow the prescribed program of study.

Clinical Mental Health Counseling

The concentration in Clinical Mental Health Counseling prepares students to work in a wide range of clinical, community, and human service settings. Upon graduation, candidates gain the knowledge, skills, and academic requirements necessary to begin the licensure process in Maryland and many other states. The Clinical Mental Health Counseling program is accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). Although the School of Education permits five years for program completion, there are full-time and part-time Clinical Mental Health Counseling sequences. Completion of a 100-hour practicum and 600-hour internship are required in this program. The Clinical Mental Health Counseling program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

School Counseling

The School Counseling concentration prepares students to work in K-12 schools with an emphasis in urban school settings. The program is approved by the Maryland State Department of Education (MSDE), and graduates are eligible for MSDE certification as school counselors. Students have a maximum of five years to complete the program but are strongly encouraged to follow the prescribed program of study. The School Counseling concentration is also accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Completion of a 100-hour practicum and 600-hour internship are required in this program.

Admissions Requirements

Clinical Mental Health Counseling

Applicants to the program must hold a bachelor’s degree from an accredited college or university and have earned a minimum cumulative grade point average of 3.0 (on a 4.0 scale) in all previous undergraduate and graduate studies (including incomplete programs of study and for programs still in progress). Applicants must submit an application, official transcripts from all accredited post-secondary institutions attended, a résumé or curriculum vitae, an essay, and two letters of recommendation. The content of the essay should address why the candidate wants to be a counselor, the type of contributions the candidate would want to make to the clinical mental health field, a discussion of how the candidate’s background and professional experiences may support and/or constrain their becoming an effective counselor, and an exploration of how the candidate’s experiences regarding human diversity, volunteerism, travel and/or work have impacted their desire to be a counselor. Selected qualified applicants will be invited to participate in a group admission interview.

School Counseling

Applicants to the program must hold a bachelor’s degree from an accredited college or university and have earned a minimum cumulative grade point average of at least 3.0 (on a 4.0 scale) in all previous undergraduate and graduate studies (including incomplete programs of study and for programs still in progress). Applicants must submit an application, official transcripts from all accredited post-secondary institutions attended, a résumé or curriculum vitae, a personal statement of goals, and two letters of recommendation. Qualified applicants will be invited to participate in a group admission interview.

Program Requirements

Clinical Mental Health Counseling

The program’s plan of study requires 60 graduate credits to be completed through full-time or part-time matriculation and students must successfully pass the Counselor Preparation Comprehensive Examination (CPCE) prior to or during the last semester of their graduate program. With the approval of the program advisor, a student may transfer a maximum of six graduate credits from an accredited college or university if the course directly aligns to the student’s degree requirements and is taken within the five-year time limit. Completion of a 100-hour practicum and 600-hour internship are required in this program.

In addition to required courses, Clinical Mental Health students also enroll in two elective offerings. Electives include ED.863.626 Behavioral Medicine and Health Psychology Applications in Clinical Mental Health Counseling, ED.861.713 Advanced Treatment Approaches, ED.863.571 Counseling Adolescents, and ED.863.674 Meditation and Mindfulness.

Required Courses

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<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>ED.861.605</td>
<td>Human Development and Counseling</td>
<td>3</td>
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<tr>
<td>ED.861.502</td>
<td>Counseling Theory and Practice</td>
<td>3</td>
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<tr>
<td>ED.861.507</td>
<td>Counseling Techniques</td>
<td>3</td>
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<tr>
<td>ED.863.501</td>
<td>Introduction to Clinical Mental Health Counseling</td>
<td>3</td>
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<tr>
<td>ED.863.607</td>
<td>Diversity and Social Justice in Counseling</td>
<td>3</td>
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<tr>
<td>ED.861.609</td>
<td>Diagnosis in Counseling</td>
<td>3</td>
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<tr>
<td>ED.861.511</td>
<td>Career/Life Development and Planning</td>
<td>3</td>
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<td>ED.863.709</td>
<td>Psychopathology</td>
<td>3</td>
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<tr>
<td>ED.861.503</td>
<td>Group Counseling and Group Experience</td>
<td>3</td>
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<tr>
<td>ED.860.639</td>
<td>Cognitive Behavioral Therapy</td>
<td>3</td>
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<tr>
<td>ED.863.795</td>
<td>Ethical and Legal Issues of Mental Health Counseling</td>
<td>3</td>
</tr>
<tr>
<td>ED.863.603</td>
<td>Couple and Family Therapy</td>
<td>3</td>
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Required Courses

- ED.863.870 Practicum in Clinical Mental Health Counseling 3
- ED.863.630 Addictions Counseling I: Theory and Approaches 3
- ED.861.612 Appraisal and Testing for Counselors 3
- ED.863.875 Internship in Clinical Mental Health Counseling I 3
- ED.863.681 Research and Evaluation for Counselors 3
- ED.863.876 Internship in Clinical Mental Health Counseling II 3

Treatments Approaches

Applications in Clinical Mental Health Counseling include an Education course requirement, they will choose an elective. Electives If a School Counseling student has already fulfilled the Special of a 100-hour practicum and 600-hour internship are required in this program. Completion (MSDE). With the approval of a faculty advisor, a student may transfer a toward licensure as a clinical mental health counselor. The Counseling meet the requirements to be school counselors, as well as coursework of the Maryland State Department of Education (MSDE). With the approval of a faculty advisor, a student may transfer a maximum of six graduate credits from an accredited college or university if the course is directly applicable to the student’s program. Completion of a 100-hour practicum and 600-hour internship are required in this program.

If a School Counseling student has already fulfilled the Special Education course requirement, they will choose an elective. Electives include ED.863.626 Behavioral Medicine and Health Psychology Applications in Clinical Mental Health Counseling, ED.861.713 Advanced Treatment Approaches, and ED.863.674 Meditation and Mindfulness.

School Counseling

The program’s plan of study requires 60 graduate credits to be completed through full-time or part-time matriculation and students must successfully pass the Counselor Preparation Comprehensive Examination (CPCE) prior to or during the last semester of their graduate program. This degree program has the flexibility that allows students to meet the requirements to be school counselors, as well as coursework toward licensure as a clinical mental health counselor. The Counseling program is approved by the Maryland State Department of Education (MSDE). With the approval of a faculty advisor, a student may transfer a maximum of six graduate credits from an accredited college or university if the course is directly applicable to the student’s program. Completion of a 100-hour practicum and 600-hour internship are required in this program.

Program Objectives

- **PO1** Graduates will demonstrate the skills and competencies to incorporate a developmental approach to promote student/ client holistic well-being across the life span, inclusive of mental health, academic, social/emotional, cultural, and career goals. (CACREP F.3 Human Growth & Development, F.4 Career Development)
- **PO2** Graduates will demonstrate the skills and competencies to serve as advocates and leaders in educational and/or mental health settings that value social justice principles, multiculturalism, human dignity and the worth of all clients from culturally diverse backgrounds (CACREP F.2 Social & Cultural Diversity, 5.G. School Counseling)
- **PO3** Graduates will demonstrate the skills and competencies to assess needs, develop goals, and counsel students/clients in educational and/or mental health settings from culturally diverse backgrounds. (CACREP F.5 Counseling & Helping Relationships; F.7 Assessment & Testing)
- **PO4** Graduates will demonstrate the skills and competencies that reflect the knowledge, roles, and functions of the school and/ or mental health counselor. (CACREP 5.C. Clinical Mental Health Counseling; 5.G. School Counseling)
- **PO5** Graduates will demonstrate the skills and competencies to effectively facilitate group work with students/clients from diverse backgrounds in educational and mental health settings (CACREP F.6 Group Counseling & Group Work)
- **PO6** Graduates will demonstrate the skills and competencies to develop equitable data-driven school counseling programs that meet the unique needs of student populations in educational settings. (CACREP F.8 Research & Program Evaluation; 5.G. School Counseling)
- **PO7** Graduates will demonstrate the skills and competencies to develop, apply, and evaluate evidence-based practices that meet the developmental needs of students/clients from diverse backgrounds in educational and mental health settings. (CACREP F.8 Research and
Program Evaluation; 5.G School Counseling; 5.C. Clinical Mental Health Counseling)

- **PO8** Graduates will demonstrate the skills and competencies to work ethically, legally, and professionally in educational and/or mental health settings (CACREP F.1. Professional Counseling Orientation & Ethical Practice)