

COUNSELING, MASTER OF SCIENCE

The Master of Science (MS) in Counseling degree prepares individuals to be leaders and advocates in the fields of clinical mental health and school counseling. The program follows a nationally recognized, evidence-based curriculum aligned with national and state standards. The program is led by distinguished faculty and boasts a strong support network of school districts and mental health settings. The program's content includes: professional orientation and ethical practice, social and cultural diversity, human growth and development, career development, helping relationships, group work, assessment, and research/program evaluation. Students learn through didactic experiences, small group projects, and applied learning at community- or school-based sites. The Master of Science in Counseling degree program, with concentrations in Clinical Mental Health Counseling and School Counseling, is accredited by the Council for Accreditation of Counseling & Related Educational Programs (CACREP), a specialized accrediting body recognized by the Council for Higher Education Accreditation (CHEA).

Students specialize in one of two concentrations:

- Clinical Mental Health Counseling
- School Counseling

Students have a maximum of five years to complete the program, but are strongly encouraged to follow the prescribed program of study.

Clinical Mental Health Counseling

The concentration in Clinical Mental Health Counseling prepares students to work in a wide range of clinical, community, and human service settings. Upon graduation, candidates gain the knowledge, skills, and academic requirements necessary to begin the licensure process in Maryland and many other states. The Clinical Mental Health Counseling program is accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). Although the School of Education permits five years for program completion, there are full-time and part-time Clinical Mental Health Counseling sequences. Completion of a 100-hour practicum and 600-hour internship are required in this program. The Clinical Mental Health Counseling program is accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP).

School Counseling

The School Counseling concentration prepares students to work in K-12 schools with an emphasis in urban school settings. The program is approved by the Maryland State Department of Education (MSDE), and graduates are eligible for MSDE certification as school counselors. Students have a maximum of five years to complete the program but are strongly encouraged to follow the prescribed program of study. The School Counseling concentration is also accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Completion of a 100-hour practicum and 600-hour internship are required in this program.

Admissions Requirements

Clinical Mental Health Counseling

Applicants to the program must hold a bachelor's degree from an accredited college or university and have earned a minimum cumulative

grade point average of 3.0 (on a 4.0 scale) in all previous undergraduate and graduate studies (including incomplete programs of study and for programs still in progress). Applicants must submit an application, official transcripts from all accredited post-secondary institutions attended, a résumé or curriculum vitae, an essay, and two letters of recommendation. The content of the essay should address why the candidate wants to be a counselor, the type of contributions the candidate would want to make to the clinical mental health field, a discussion of how the candidate's background and professional experiences may support and/or constrain their becoming an effective counselor, and an exploration of how the candidate's experiences regarding human diversity, volunteerism, travel and/or work have impacted their desire to be a counselor. Selected qualified applicants will be invited to participate in a group admission interview.

School Counseling

Applicants to the program must hold a bachelor's degree from an accredited college or university and have earned a minimum cumulative grade point average of at least 3.0 (on a 4.0 scale) in all previous undergraduate and graduate studies (including incomplete programs of study and for programs still in progress). Applicants must submit an application, official transcripts from all accredited post-secondary institutions attended, a résumé or curriculum vitae, a personal statement of goals, and two letters of recommendation. Qualified applicants will be invited to participate in a group admission interview.

Program Requirements

Clinical Mental Health Counseling

The program's plan of study requires 60 graduate credits to be completed through full-time or part-time matriculation and students must successfully pass the Counselor Preparation Comprehensive Examination (CPCE) prior to or during the last semester of their graduate program. With the approval of the program advisor, a student may transfer a maximum of six graduate credits from an accredited college or university if the course directly aligns to the student's degree requirements and is taken within the five-year time limit. Completion of a 100-hour practicum and 600-hour internship are required in this program.

In addition to required courses, Clinical Mental Health students also enroll in two elective offerings. Electives include ED.861.513 Integrating Alternative Approaches to Mental Wellness, ED.861.713 Advanced Treatment Approaches, ED.863.571 Counseling Adolescents, ED.863.626 Behavioral Medicine and Health Psychology Applications in Clinical Mental Health Counseling, and ED.863.674 Meditation and Mindfulness.

Please see additional GPA and Grade Requirements for graduation on the Graduation page (<https://e-catalogue.jhu.edu/education/graduation/>).

Required Courses

Code	Title	Credits
ED.860.639	Cognitive Behavioral Therapy	3
ED.861.502	Counseling Theory and Practice	3
ED.861.503	Group Counseling and Group Experience	3
ED.861.507	Counseling Techniques	3
ED.861.511	Career/Life Development and Planning	3
ED.861.605	Human Development and Counseling	3
ED.861.609	Diagnosis in Counseling	3
ED.861.612	Appraisal and Testing for Counselors	3
ED.863.501	Introduction to Clinical Mental Health Counseling	3

ED.863.603	Couple and Family Therapy	3
ED.863.607	Diversity and Social Justice in Counseling	3
ED.863.630	Addictions Counseling I: Theory and Approaches	3
ED.863.681	Research and Evaluation for Counselors	3
ED.863.709	Psychopathology	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3
ED.863.870	Practicum in Clinical Mental Health Counseling	3
ED.863.875	Internship in Clinical Mental Health Counseling I	3
ED.863.876	Internship in Clinical Mental Health Counseling II	3
Six credits of elective courses		6
Total Credits		60

School Counseling

The program's plan of study requires 60 graduate credits to be completed through full-time or part-time matriculation and students must successfully pass the Counselor Preparation Comprehensive Examination (CPCE) prior to or during the last semester of their graduate program. This degree program has the flexibility that allows students to meet the requirements to be school counselors, as well as coursework toward licensure as a clinical mental health counselor. The Counseling program is approved by the Maryland State Department of Education (MSDE). With the approval of a faculty advisor, a student may transfer a maximum of six graduate credits from an accredited college or university if the course is directly applicable to the student's program. Completion of a 100-hour practicum and 600-hour internship are required in this program.

If a School Counseling student has already fulfilled the Special Education course requirement, they will choose an elective. Electives include ED.861.513 Integrating Alternative Approaches to Mental Wellness, ED.861.713 Advanced Treatment Approaches, ED.863.626 Behavioral Medicine and Health Psychology Applications in Clinical Mental Health Counseling, and ED.863.674 Meditation and Mindfulness.

Please see additional GPA and Grade Requirements for graduation on the Graduation page (<https://e-catalogue.jhu.edu/education/graduation/>).

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ED.860.639	Cognitive Behavioral Therapy	3
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ED.861.511	Career/Life Development and Planning	3
ED.861.605	Human Development and Counseling	3
ED.861.609	Diagnosis in Counseling	3
ED.861.612	Appraisal and Testing for Counselors	3
ED.861.614	The Foundations of School Counseling	3
ED.863.571	Counseling Adolescents	3
ED.863.603	Couple and Family Therapy	3
ED.863.607	Diversity and Social Justice in Counseling	3
ED.863.630	Addictions Counseling I: Theory and Approaches	3
ED.863.681	Research and Evaluation for Counselors	3
ED.863.736	School Counseling Leadership and Consultation	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3

ED.863.808	Practicum in School Counseling	3
ED.863.820	Internship in School Counseling	3
ED.863.828	Internship in School Counseling II	3
ED.871.501	Introduction to Children and Youth with Exceptionalities (or Other Elective)	3
Total Credits		60

Clinical Mental Health - Full-Time

Course	Title	Credits
First Year		
Fall		
ED.861.502	Counseling Theory and Practice	3
ED.861.507	Counseling Techniques (lab class)	3
ED.861.605	Human Development and Counseling	3
ED.863.501	Introduction to Clinical Mental Health Counseling	3
Credits		12
Spring		
ED.861.511	Career/Life Development and Planning	3
ED.861.609	Diagnosis in Counseling	3
ED.863.607	Diversity and Social Justice in Counseling (lab class)	3
ED.863.709	Psychopathology	3
Credits		12
Second Year		
Fall		
ED.860.639	Cognitive Behavioral Therapy	3
ED.861.503	Group Counseling and Group Experience (lab class)	3
ED.863.603	Couple and Family Therapy (lab class)	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3
Credits		12
Spring		
ED.861.612	Appraisal and Testing for Counselors	3
ED.863.630	Addictions Counseling I: Theory and Approaches (online)	3
ED.863.870	Practicum in Clinical Mental Health Counseling	3
Elective		3
Credits		12
Third Year		
Fall		
ED.863.681	Research and Evaluation for Counselors	3
ED.863.875	Internship in Clinical Mental Health Counseling I	3
Credits		6
Spring		
ED.863.876	Internship in Clinical Mental Health Counseling II	3
Elective		3
Credits		6
Total Credits		60

Clinical Mental Health - Part-Time

Course	Title	Credits
First Year		
Fall		
ED.861.605	Human Development and Counseling	3
ED.863.501	Introduction to Clinical Mental Health Counseling	3
Credits		6
Spring		
ED.861.502	Counseling Theory and Practice	3
ED.861.507	Counseling Techniques (lab class)	3
Credits		6
Second Year		
Fall		
ED.863.603	Couple and Family Therapy (lab class)	3
ED.863.607	Diversity and Social Justice in Counseling (lab class)	3
Elective		3
Credits		9
Spring		
ED.861.503	Group Counseling and Group Experience (lab class)	3
ED.861.609	Diagnosis in Counseling	3
ED.863.709	Psychopathology	3
Credits		9
Third Year		
Fall		
ED.860.639	Cognitive Behavioral Therapy	3
ED.863.681	Research and Evaluation for Counselors	3
ED.863.870	Practicum in Clinical Mental Health Counseling	3
Credits		9
Spring		
ED.861.612	Appraisal and Testing for Counselors	3
ED.861.511	Career/Life Development and Planning	3
ED.863.630	Addictions Counseling I: Theory and Approaches (online)	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3
Credits		12
Fourth Year		
Fall		
ED.863.875	Internship in Clinical Mental Health Counseling I	3
Elective		3
Credits		6
Spring		
ED.863.876	Internship in Clinical Mental Health Counseling II	3
Credits		3
Total Credits		60

School Counseling - Full-Time

Course	Title	Credits
First Year		
Fall		
ED.861.502	Counseling Theory and Practice	3
ED.861.507	Counseling Techniques (lab class)	3
ED.861.605	Human Development and Counseling	3
ED.861.614	The Foundations of School Counseling	3
Credits		12
Spring		
ED.861.511	Career/Life Development and Planning	3
ED.861.609	Diagnosis in Counseling	3
ED.863.571	Counseling Adolescents	3
ED.863.607	Diversity and Social Justice in Counseling (lab class)	3
Credits		12
Second Year		
Fall		
ED.860.639	Cognitive Behavioral Therapy	3
ED.861.503	Group Counseling and Group Experience (lab class)	3
ED.863.603	Couple and Family Therapy (lab class)	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3
Credits		12
Spring		
ED.861.612	Appraisal and Testing for Counselors	3
ED.863.630	Addictions Counseling I: Theory and Approaches (online)	3
ED.863.736	School Counseling Leadership and Consultation	3
ED.863.808	Practicum in School Counseling	3
Credits		12
Third Year		
Fall		
ED.863.681	Research and Evaluation for Counselors	3
ED.863.820	Internship in School Counseling	3
Credits		6
Spring		
ED.863.828	Internship in School Counseling II	3
ED.871.501	Introduction to Children and Youth with Exceptionalities (or an elective)	3
Credits		6
Total Credits		60

School Counseling - Part-Time

Course	Title	Credits
First Year		
Fall		
ED.861.605	Human Development and Counseling	3
ED.861.614	The Foundations of School Counseling	3
Credits		6

Spring

ED.861.502	Counseling Theory and Practice	3
ED.861.507	Counseling Techniques (lab class)	3
Credits		6

Second Year**Fall**

ED.863.603	Couple and Family Therapy (lab class)	3
ED.863.607	Diversity and Social Justice in Counseling (lab class)	3
ED.871.501	Introduction to Children and Youth with Exceptionalities (or an elective)	3
Credits		9

Spring

ED.861.503	Group Counseling and Group Experience (lab class)	3
ED.861.609	Diagnosis in Counseling	3
ED.863.571	Counseling Adolescents	3
Credits		9

Third Year**Fall**

ED.860.639	Cognitive Behavioral Therapy	3
ED.863.681	Research and Evaluation for Counselors	3
ED.863.808	Practicum in School Counseling	3
Credits		9

Spring

ED.861.511	Career/Life Development and Planning	3
ED.861.612	Appraisal and Testing for Counselors	3
ED.863.630	Addictions Counseling I: Theory and Approaches (online)	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3
Credits		12

Fourth Year**Fall**

ED.863.820	Internship in School Counseling	3
Credits		3

Spring

ED.863.736	School Counseling Leadership and Consultation	3
ED.863.828	Internship in School Counseling II	3
Credits		6
Total Credits		60

School Counseling - RESET

Course	Title	Credits
First Year		
First Semester		
ED.861.502	Counseling Theory and Practice	3
ED.861.507	Counseling Techniques (lab class)	3
ED.861.605	Human Development and Counseling	3
ED.861.614	The Foundations of School Counseling	3
Credits		12

Second Semester

ED.861.503	Group Counseling and Group Experience (lab class)	3
ED.861.609	Diagnosis in Counseling	3
ED.863.607	Diversity and Social Justice in Counseling (lab class)	3
ED.863.795	Ethical and Legal Issues of Mental Health Counseling	3
Credits		12

Third Semester

ED.861.511	Career/Life Development and Planning	3
ED.863.603	Couple and Family Therapy (lab class)	3
ED.863.630	Addictions Counseling I: Theory and Approaches (online)	3
ED.863.681	Research and Evaluation for Counselors	3
ED.871.501	Introduction to Children and Youth with Exceptionalities (or an elective)	3
Credits		15

Second Year**First Semester**

ED.860.639	Cognitive Behavioral Therapy	3
ED.861.612	Appraisal and Testing for Counselors	3
ED.863.571	Counseling Adolescents	3
ED.863.808	Practicum in School Counseling	3
Credits		12

Second Semester

ED.863.736	School Counseling Leadership and Consultation	3
ED.863.832	Internship in School Counseling	6
Credits		9
Total Credits		60

Master of Science in Counseling**Mission Statement**

The mission of the Johns Hopkins School of Education Counseling Program is to prepare graduate students to serve as socially just school counselors and clinical mental health counselors who implement theoretical, empirical, and practical frameworks that facilitate client growth and development, introspective awareness, and well-being in a global society.

Programmatic Goals

- Facilitate students' mastery of requisite knowledge, skills, and dispositions aligned with CACREP Standards to deliver counseling services that embody social justice principles, advocacy, multiculturalism, and upholds the worth and human dignity of all clients from culturally diverse backgrounds.
- Support and encourage students to incorporate a developmental approach to promote client wellness across the life span.
- Facilitate students' development of dispositions to serve as social justice advocates and leaders in the profession.
- Cultivate a collaborative learning atmosphere that incorporates cutting edge research and excellent didactic and experiential instruction.

Program Objectives

- **P01** Graduates will demonstrate the skills and competencies to incorporate a developmental approach to promote student/client holistic well-being across the life span, inclusive of mental health, academic, social/emotional, cultural, and career goals. (*CACREP F.3 Human Growth & Development, F.4 Career Development*)
- **P02** Graduates will demonstrate the skills and competencies to serve as advocates and leaders in educational and/or mental health settings that value social justice principles, multiculturalism, human dignity and the worth of all clients from culturally diverse backgrounds (*CACREP F.2 Social & Cultural Diversity; 5.G. School Counseling*)
- **P03** Graduates will demonstrate the skills and competencies to assess needs, develop goals, and counsel students/clients in educational and/or mental health settings from culturally diverse backgrounds. (*CACREP F.5 Counseling & Helping Relationships; F.7 Assessment & Testing*)
- **P04** Graduates will demonstrate the skills and competencies that reflect the knowledge, roles, and functions of the school and/or mental health counselor. (*CACREP 5.C. Clinical Mental Health Counseling; 5.G. School Counseling*)
- **P05** Graduates will demonstrate the skills and competencies to effectively facilitate group work with students/clients from diverse backgrounds in educational and mental health settings (*CACREP F.6 Group Counseling & Group Work*)
- **P06** Graduates will demonstrate the skills and competencies to develop equitable data-driven school counseling programs that meet the unique needs of student populations in educational settings. (*CACREP F.8 Research & Program Evaluation; 5.G. School Counseling*)
- **P07** Graduates will demonstrate the skills and competencies to develop, apply, and evaluate evidence-based practices that meet the developmental needs of students/clients from diverse backgrounds in educational and mental health settings. (*CACREP F.8 Research and Program Evaluation; 5.G School Counseling; 5.C. Clinical Mental Health Counseling*)
- **P08** Graduates will demonstrate the skills and competencies to work ethically, legally, and professionally in educational and/or mental health settings (*CACREP F.1. Professional Counseling Orientation & Ethical Practice*)