ED.860.666. Applied Cognitive Behavioral Therapy. 3 Credits.
This course covers advanced issues in the real-time application of the theories of Cognitive Behavioral Therapy (CBT) to the treatment and treatment planning of the most commonly diagnosed DSM-5 disorders. Building on the theoretical learning objectives in the Cognitive Behavioral Therapy course, the emphasis of this course will be on the development and application of CBT-based techniques and skills to clinical cases presented by the students.
Prerequisite(s): ED.860.639[C] AND ED.861.609[C]